



## TRACK YOUR HOURS

FREE ON ITUNES

JUST TAP THE APP

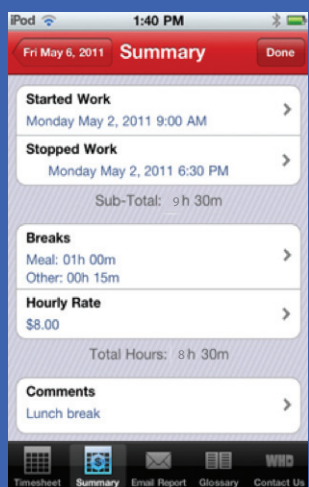
**U.S. DEPARTMENT OF LABOR'S TIMESHEET APP HELPS ENSURE WORKERS RECEIVE ALL WAGES EARNED.**

Not only can your Smartphone wake you up when it's time to go to work, calculate your fastest route to get there, and map out every opportunity for coffee along the way - now it can also track your hours on the job and help you keep track of what you've earned.

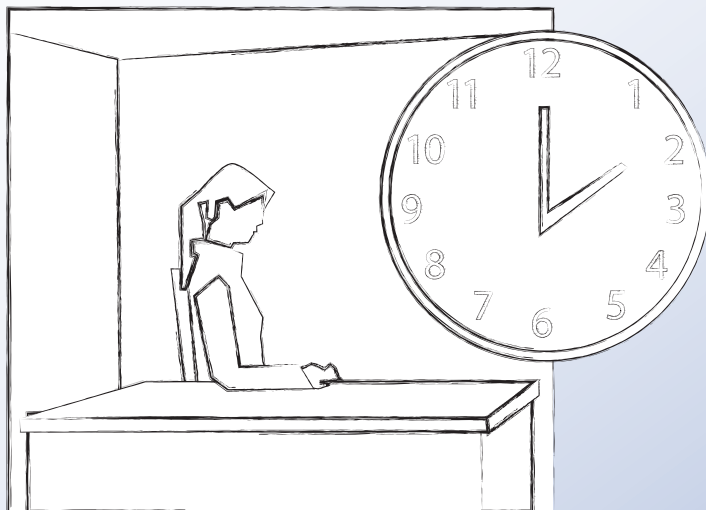
*Instead of relying solely on their employer's records, workers can now keep their own records.*

### TIMESHEET APP USERS CAN:

- track hours & overtime
- keep track of breaks
- calculate wages
- add comments
- view and email summaries of work hours



For workers without a Smartphone, the Wage and Hour Division has a printable work hours calendar in English and Spanish to track rate of pay, work start and stop times, and arrival and departure times. The calendar also includes easy-to-understand information about workers' rights and how to file a wage violation complaint.



### WAGE & HOUR DIVISION:

- <http://www.dol.gov/whd>
- for more information about federal wage laws or to order a calendar by mail, call the division's toll-free helpline at 1-866-4US-WAGE (487-9243)

The "DOL Timesheet" app helps employees independently track the hours that they work and the wages that they are owed. Available in both English and Spanish, the app allows users to conveniently track their regular work hours, break time, and any overtime hours for one or more employers. The app features a glossary and DOL contact information.

*The app works like a stop watch, and records the exact time that the "Start Work" icon is selected. Tap again, and the user can select either "Stop Work," to record the end of the workday, or "Start Break," to record any break periods taken during the workday.*

FREE DOWNLOAD  
AVAILABLE AT  
[WWW.DOL.GOV/WHD](http://WWW.DOL.GOV/WHD)

COMPATIBLE WITH  
IPHONE AND IPOD  
TOUCH



**Disclaimer:** DOL is providing this app as a public service. The regulations and related materials reflected in this app are intended to enhance public access to information on DOL programs. This app is a service that is continually under development and it does not include every possible situation encountered in the workplace. The user should be aware that, while we try to keep the information timely and accurate, there will often be a delay between official publication of the materials and their appearance in or modification of this app. Further, the conclusions reached by this app rely on the accuracy of the data provided by the user. Therefore, we make no express or implied guarantees. The Federal Register and the Code of Federal Regulations remain the official sources for regulatory information published by DOL. We will make every effort to correct errors brought to our attention.



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